



EFAS Specimen Lab Course

European Foot & Ankle Society

08-09 DECEMBER 2022

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HINDFOOT TECHNIQUES - EFAS CADAVER COURSE

FACULTY MEMBERS:

Peter Bock | Kris Buedts | Johnny Frøkjær | Johannes Hamel | Beat Hintermann | Helka Koivu | Fabian Krause
Don Mc Bride | Xavier Martin | Bruno Pereira | Martinus Richter | Manfred Thomas | Yves Tourné

THURSDAY	08 th DECEMBER 2022
08:00	Registration
08:45	Opening and instructions for the course. X. Martin, M. Thomas
08:55	Pes planovalgus: classification - pathology - treatment. B. Hintermann
09:25	Lengthening of Achilles tendon: different techniques. P. Bock
09:40	Neglected Achilles tendon rupture: treatment options. Y. Tourné
09:55 - 10:20	Coffee break
10:20	 PRACTICAL EXERCISE: 1. Demonstration: 3 Tables simultaneously. Y. Tourné, J. Frøkjær, B. Hintermann <ul style="list-style-type: none">• Soft tissue preparation incl. spring ligament• FDL tendon transfer• Medial sliding osteotomy calcaneus• Cotton osteotomy Exercise by the participants (Cadaver specimen N° 1) 2. Demonstration: 3 Tables simultaneously. F. Krause, B. Pereira, B. Hintermann, M. Thomas <ul style="list-style-type: none">• Evans-/ Hintermann osteotomy• Different techniques for Achilles tendon lengthening• FHL - transfer for neglected Achilles tendon rupture
12:45 - 13:45	Lunch break
13:45	Subtalar arthrodesis and Triple arthrodesis: indication and technique. H. Koivu
14:05	Isolated tibio-talar arthrodesis: indication- techniques (screw/ plate, anterior or lateral or dorsal approach). X. Martin
14:20	Pantalar arthrodesis with retrograde nailing: indication and technique. M. Richter
14:35	 PRACTICAL EXERCISE PART 1: 1. Demonstration: 3 Tables simultaneously. Y. Tourné, P. Bock, H. Koivu <ul style="list-style-type: none">• Subtalar fusion• Triple arthrodesis Exercise by the participants (Cadaver specimen N° 2)
15:50 - 16:10	Coffee break



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THURSDAY		08 th DECEMBER 2022
16:10		PRACTICAL EXERCISE PART 2: 2. Demonstration: 3 Tables simultaneously. M. Richter, D. McBride, X. Martin <ul style="list-style-type: none">• Isolated tibiotalar fusion with screws ventro - medial• Isolated tibiotalar fusion with plate dorsal/ medial/ ventral• Pantalar fusion with retrograde nailing (straight nail, angulated nail) Exercise by the participants
18:00		Closing of the day
20:00		Course dinner
FRIDAY		09 th DECEMBER 2022
08:30		Principles of tendon transfer surgeries. J. Hamel
08:50		Anterior tib. tendon transfer: indication - technique. M. Thomas
09:10		Posterior tib. tendon transfer: indication - technique. J. Frøkjær
09:30		Cavovarus foot: classification- pathology - treatment. K. Buedts
09:50 - 10:20		Coffee break
10:20		PRACTICAL EXERCISE: 1. Demonstration: 3 Tables simultaneously. J. Hamel, D. McBride, P. Bock <ul style="list-style-type: none">• Soft tissue preparation incl. plantaraponeurosis• Tendon transfer• Dwyer Osteotomy• Lambrinudi arthrodesis Exercise by the participants (Cadaver specimen N° 3)
12:45 - 13:15		Lunch break
13:15		Supramalleolar osteotomies: indication - planning - technique. F. Krause
13:40		Osteotomies of fibula or distal tibia in open treatment of osteochondral defects. B. Pereira
14:00		PRACTICAL EXERCISE: 1. Demonstration: 3 Tables simultaneously. F. Krause, K. Buedts, B. Pereira <ul style="list-style-type: none">• Supramalleolar Opening wedge osteotomy• Supramalleolar Closing wedge osteotomy• Supramalleolar Dome osteotomy• Malleolar osteotomies and osteochondral defects Exercise by the participants
16:00		Conclusion and Summary. X. Martin, M. Thomas